



HOSPITALS & INSTITUTIONS COMMITTEE

Hi, CoDA Members!

Re: **Books for Inmates** - June, 2006 - *please copy and share at your meetings

If you have ever had an interest in the H&I Committee or would like to help with placement of the CoDA (Blue) Book in your State's Prison Libraries, Hospitals and Institutions, your service would be appreciated at this time. The following form may be use for gathering the information needed. *Your service may be as simple as forwarding this information to other CoDA Members, Inter-Groups, and/or Group Meeting Contacts.

HOW IT ALL STARTED-Requests for the CoDA "Blue" Book come in from inmates frequently. Almost half of these requests have been from ORW-Ohio's Reformatory for Women. Currently the list of Inmates requesting books is at 31! I've been in touch with the Program Coordinator at ORW who says there are 60+ women attending the CoDA Meetings and she only has 25 books at this time so they guard them with their life. These women want a personal copy to take back to their cell. There is something good happening at this facility. These women are in a 6 or 9 month SHOCK Program that is like boot camp. It is a pilot program to equip them with the necessary tools and skills for successful re-entry into society. It is my understanding that these women have chosen this difficult regimen because they are desperate for change. Las Vegas has another group of women that are asking for help. Budget cuts at some prisons leave the inmates without resources. One facility is allowing the inmates to form a self-help center by writing for donations from Twelve-Step Groups, with full cooperation from the Mental Health staff. Presently I've got three other contacts in different states that work at a prison and are either cutting through the red-tape to get a CoDA Meeting started or are working on a self-help center that needs donations. This is exciting news!

Since CoDA has not ever to my knowledge given these books away free of charge, I've brainstormed with others for a way to change that. Any Group Meeting, Inter-group or Individual may choose to *sponsor* one or more inmates by making a 7th Tradition Donation of \$10.00 per book which includes shipping and handling. The DONATION FORM-5.2006 can be used for 1) Send a donation for "Books for Inmates", 2) Request which Library a book is placed by filling in the necessary information, 3) Choose what is written on the label that will recognize the donor in an anonymous way (unless the Inter-group wants to give a P.O. Box or other pertinent information).

ARE YOU A TWELFTH STEPPER? The Hospitals & Institutions Committee is rising from the ashes of the past and Higher Power is truly doing a miraculous reconstruction. If you have heard the calling (nudge, thoughts, curiosity) to get involved with this area, don't wait any longer. To be where the action is and experience the growth process in your personal life in a supernatural way is a gift you don't want to miss out on. Things do change when you do something different even if it is in "baby steps". I'm here to cheer you on! YOU CAN DO IT!

Have any other questions? If any come up just write and ask. I'm looking forward to hearing from you. Thank You for your Service!

In Recovery for LIFE!
Sandra C
H&I Chair / CoDA
hosp@coda.org

PLEASE PRINT CLEARLY

Name of Donor-Individual or Group _____

Address _____

City _____ State _____ Zip _____ Country _____

Phone _____ Email _____

I (we) acknowledge that for each book I (we) donate to sponsor an inmate, one book will also be donated to a Prison Library on my (our) behalf by the H&I Committee. This is a "matching-double-effort" to reach the codependent who still suffers. If I (we) want to have a say in what State these books are sent to, I (we) understand that I (we) must provide the following information with any other important instructions to ASSURE NO RETURNS.

Name of Institution _____

Address _____

City _____ State _____ Zip _____

Library Contact Person _____ Title _____

Phone _____ FAX _____

E-mail _____

A label will be included with each book recognizing the Meeting, Inter-group, or Individual. If you would like to choose the information noted, please clarify here.

Name _____ Meeting# _____ County _____

City _____ State _____ Other _____

Note of Encouragement _____

Total # of Books Donated _____ @ \$10.00 each = Total Enclosed \$ _____

Money is received as a 7th Tradition donation.

MAKE CHECKS PAYABLE TO: CoDA, Inc.

MAIL THIS FORM WITH THE CHECK (made out to CoDA) to:

CoDA

Attn: H&I Committee

P.O. Box 33577

Phoenix, AZ 85067-3577

CoDA Blue Book will be sent by CoRE Publishing and checks will be forwarded to CoDA when appropriate record-keeping is complete. THANK YOU FOR YOUR SERVICE!